

THE DYNAMICS OF TURN-TAKING STRATEGIES: A CASE STUDY FROM JAY SHETTY'S PODCAST

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Abstract

The present study examines the urgent phenomenon of language communication by emphasizing the significance of turn-taking strategies within the digital context of podcasts. The study aims to analyze turn-taking strategies using Stenström's theoretical framework. This research adopts a qualitative approach, and the data were obtained from Jay Shetty's podcast episode titled "Selena Gomez S Benny Blanco EXCLUSIVE: How Benny Taught Me to Trust Again," sourced from YouTube. The data collection procedure followed four essential stages. First, the podcast episode was watched and downloaded. Second, the transcript of the episode was downloaded. Third, the transcript underwent a validation process to ensure its accuracy. Finally, the validated transcript was used as the primary data for analysis. The data analysis involved repeatedly watching the podcast and reading the transcript, categorizing the utterances based on Stenström's turn-taking strategies, validating the completeness of the transcript, and drawing conclusions through detailed examination. The findings of this study were found a total 30 data of Turn-Taking strategies, there are taking the turn 23 data, which includes: starting up (7 data) taking over (13 data) and interrupting (3 data), holding the turn has (4 data) and yielding the turn has (3 data).

Keywords: Gender; Interactions; Podcast; Turn-taking Strategies.

Abstrak

Penelitian ini mengkaji fenomena penting komunikasi bahasa dengan menekankan signifikansi strategi bergantian berbicara dalam konteks digital podcast. Penelitian ini bertujuan untuk menganalisis strategi bergantian berbicara menggunakan kerangka teoritis Stenström. Penelitian ini menggunakan pendekatan kualitatif, dan data diperoleh dari episode podcast Jay Shetty berjudul "Selena Gomez S Benny Blanco EXCLUSIVE: How Benny Taught Me to Trust Again," yang bersumber dari YouTube. Prosedur pengumpulan data mengikuti empat tahap utama. Pertama, episode podcast ditonton dan diunduh. Kedua, transkrip episode diunduh. Ketiga, transkrip menjalani proses validasi untuk memastikan keakuratannya. Akhirnya, transkrip yang telah diverifikasi digunakan sebagai data utama untuk analisis. Analisis data melibatkan menonton ulang podcast dan membaca transkrip, mengkategorikan ucapan berdasarkan strategi bergantian giliran bicara Stenström, memverifikasi kelengkapan transkrip, dan menarik kesimpulan melalui pemeriksaan detail. Temuan studi ini menemukan total 30 data strategi bergantian giliran, di antaranya 23 data bergantian giliran, yang meliputi: memulai (7 data), mengambil alih (13 data), dan menginterupsi (3 data), mempertahankan giliran (4 data), dan menyerahkan giliran (3 data).

Kata kunci: Jenis Kelamin; Interaksi; Podcast; Strategi Bergantian.

INTRODUCTION

The role of language in the context of human life is important. The capacity to communicate effectively with one another is a fundamental aspect of human social development, and the ability to do so is contingent upon the existence of language. It is an evident that the act of belonging to a social

group necessitates the capacity for individuals to interact and communicate with one another (Doe, 2023). The intricate dance of human interaction, particularly between men and women, is profoundly orchestrated by language. Misunderstandings arising from differing linguistic styles, interpretations, and expectations can lead to significant relational friction, underscoring the critical need for a deeper understanding of how language operates in this exchange (Tannen, 1991). Whether in personal relationships, professional settings, or social interactions, the urgency for clear, empathetic, and mutually intelligible communication between genders remains a perpetual challenge, making the role of language a central focus for investigation (Sugianto, T. A. D., Probawati, Y., S Setyowati, 2024).

Central to the success of any dialogue are effective turn-taking strategies, which govern the flow and coherence of conversation. Turn-taking ensures that participants have opportunities to speak, listen, and respond, thereby facilitating mutual understanding and preventing conversational chaos. Deviations from expected turn-taking norms, such as interruptions, prolonged silences, or simultaneous speech, can signal disengagement, disrespect, or a breakdown in communication, particularly when gendered communication styles are at play (Sacks, H., Schegloff, E. A., S Jefferson, 1974). Therefore, analyzing turn-taking strategies provides critical insights into the underlying dynamics and potential areas of miscommunication in interactions between men and women. Communication is a means of interaction between individuals and is a fundamental aspect of human interaction. Effective communication allows individuals to ask and answer questions in a meaningful manner. Communication may be verbal or non-verbal in nature, and can be conducted by anyone. Language is the primary medium through which communication occurs, facilitating the transfer of information and expression (Fahlenafitri, 2020). The act of speaking enables a person to obtain information and exchange thoughts with others, facilitating the acquisition and dissemination of knowledge. Nevertheless, it is not always the case that all participants in a conversation act in a cooperative manner. On occasion, the message conveyed during a conversation is misinterpreted. To obviate such an understanding, it is incumbent upon all participants to adhere to the established norms of interaction, thereby ensuring the smooth progression of the conversation (Gábor et al., 2023). However, it is not always the case that all participants in a conversation will work well together. It is incumbent upon the speaker to be cognizant of the established norms of interaction to circumvent such an issue. In the contemporary digital age, conversations are increasingly mediated through various online platforms, with podcasts emerging as a significant medium for extended, often intimate, discussions. Podcasts transcend geographical boundaries and offer a unique, asynchronous yet deeply engaging, form of communication that mimics face-to-face dialogue (Berry, 2015).

In recent years, podcasts have emerged as a dynamic platform for open, unscripted conversations, offering a unique lens through which to examine real-time interpersonal communication. Among these, The Jay Shetty's Podcast has garnered a wide audience due to its thoughtful and emotionally resonant dialogues with high-profile guests. He often talks about relationships, mindfulness, and personal growth. The podcast format provides natural, unscripted (or semi-scripted) dialogue, which is ideal for analyzing authentic conversational patterns and turn-taking strategies. Among these, The Jay Shetty's Podcast has garnered a wide audience due to its thoughtful and emotionally resonant dialogues with high-profile guests. With episodes often featuring figures from diverse backgrounds, the podcast provides fertile ground for analyzing communication styles, particularly through the lens of gender interaction. Scholars have noted that men and woman may exhibit differing conversational styles, influenced by social norms, expectations, and power dynamics. One key aspect of these differences is turn-taking the way speakers manage conversational flow, interruptions, overlaps, pauses, and responses. These strategies reveal how power, rapport, and empathy are negotiated in dialogue, especially across genders. This study focuses on the episode featuring Selena Gomez and Benny Blanco was published on YouTube at March 24th, 2025.

RESEARCH METHOD

This study will employ a descriptive qualitative research design to gain in-depth insights into gender interactions in turn-taking and communication strategies. A qualitative descriptive study is the method of choice when straight descriptions of phenomena are desire (Sholikhah, Q. A., Setyowati, Y., S Astutik, A. Sholikhah, Q. A., Setyowati, Y., S Astutik, 2025). It is less interpretive than other qualitative approaches, such as phenomenology or grounded theory (Luhulima, V. C., Dewanto, D., S Astutik, 2022). In order to identify and characterize the types of utterances present in a podcast script and to understand the turn-taking performed by Jay Shetty's, Selena Gomez and Benny Blanco on Podcast to facilitate a smooth and coherent discourse. In order to answer the research questions, the first step Reading the transcript and watching the podcast repeatedly. Second, Downloading the transcript. Third, doing validation of the transcript was accurate and complete. Finally, for the last step, use the Turn-Taking Strategies to complete an in-depth analysis by (Stenstrom, 1994) to classify the data based on their types; furthermore, the data was counted in each category to make the analysis more comprehensive by knowing which category ranks the highest.

RESULTS AND DISCUSSION

The results of this study indicated that in Jay Shetty's Podcast, the turn-taking strategies works well between Host and Guest stars. The turn-taking strategies in this study were presented with 30 examples, and we classified them based on their turn-taking types (Stenstrom, 1994). The first turn-taking type consists of three Taking the turn processes: Starting up, Taking over, and Interrupting. Second, there are Holding the-turn, and the last Yielding the turn.

A. Taking the Turn

Table 1 *Taking the Turn*

Code	Categories	Result
JS 1-10	SU	5
	TO	2
	I	1
SG 1-10	SU	1
	TO	5
	I	1
BB 1-10	SU	1
	TO	6
	I	1
Total		23

Abbreviations Turn-Taking Strategies: Jay Shetty (JS 1-10), Selena Gomez (SG 1- 10), Benny Blanco (BB 1 - 10), Taking Turn (TT), Starting Up (SU), Taking Over (TO), Interruption (I).

a) Starting Up

The transcript that follows is a selection of those frequently employed by Jay Shetty on the podcast. The podcast conversation revolves around a well-structured interview format, masterfully orchestrated by Jay Shetty, who serves as the engaging host and the primary catalyst for discussion. He skilfully initiates each new topic,

guiding the narrative with a series of insightful inquiries designed to draw out the experiences and perspectives of Selena and Benny on the code **JS 1, JS 3, JS 6, JS 7 and JS 9**.

(00:00:00)

JS 1: "**I want to** go back to the first time you ever met..."

(01:07:38)

JS 3: "**What does** that look like for both..."

(00:04:41)

JS 6: "**Want to go back** to the first time you ever met and I want to hear about it well the funny thing..."

(00:58:43)

JS 7: "**I have to ask you both** about this because I was so excited..."

(01:07:02)

JS 9: "Last time we were together Benny you talking about wedding planning **how's that going**"

It is **Starting Up** through his thoughtful questioning that the stage is set for a deeper dive into their relationship, their professional journeys, and their personal development. A consistent and prevalent pattern within this dynamic is the sequential nature of guest responses. Following Jay Shetty probing questions, either Selena or Benny will typically offer their initial thoughts, often leading to their partner expanding upon or enriching the answer with their own insights. This allows for a comprehensive exploration of viewpoints, ensuring both voices are heard and considered. Beyond these individual contributions, the conversation frequently evolves into a lively, reciprocal dialogue between Selena and Benny themselves. Once a subject is introduced, they naturally engage with one another, sharing amusing anecdotes and clarifying details, often infused with a light-hearted, humorous tone, particularly when reminiscing about their first encounters and the initial stages of their relationship.

(00:15:08)

SG 4: "**Walking to his house** um or into his home to go to his friend's thing I was very nervous..."

The transcript that follows is a selection of those frequently employed by Selena Gomez on the podcast, Selena's active role in narrating their relationship story, particularly her candid description of her pre-date nervousness, is significant. It reveals a shift in the conversational dynamic, where she moves from being a respondent to a storyteller, taking ownership of the narrative. This is more than just answering a question; it's about shaping the way their relationship is presented and understood. Her willingness to share her vulnerability and nervousness before the first date adds a layer of intimacy and authenticity to the conversation. It humanizes her, making her relatable to the audience and fostering a sense of connection. By recounting her feelings, she invites the audience to empathize with her and understand the emotional stakes involved in the early stages of their relationship. This moment also highlights the dynamic between Selena Gomez and Benny Blanco within the interview. Her taking the lead suggests a comfortable and balanced relationship, where both partners feel empowered to share their perspectives and experiences. It indicates a sense of equality in the storytelling, where neither

dominates the narrative completely. Selena Gomez Taking-Turn the lead in narrating their relationship story, particularly her description of her nervousness before their first date, is a meaningful conversational moment. It reflects her agency in shaping the narrative, adds authenticity and intimacy to the discussion, and provides valuable insights into the dynamics of their relationship.

(01:04:01)

BB 5: "**Do you remember** your proposal"

Benny Blanco takes the initiative to narrate a significant part of their relationship story, revealing the intimate details surrounding his proposal to Selena. This act of sharing is quite revealing, as it allows the audience to understand the depth of his feelings and the thought process behind his decision. By recounting the events leading up to the proposal, he provides a personal and vulnerable glimpse into their relationship. It's a moment where he takes control of the narrative, offering a first-hand account of a pivotal event. Following this detailed narration, Benny then requests Jay Shetty to introduce a new topic. This transition is important because it signifies a shift in the conversational dynamic. After sharing something deeply personal, Benny Blanco is essentially handing the conversational reins back to Jay Shetty, indicating a readiness to move on to a different subject. This request highlights the structured nature of the interview, where the host plays a crucial role in guiding the conversation and ensuring a balanced exploration of different aspects of their relationship and experiences. Benny Blanco actions in this instance demonstrate a balance **Starting Up** to maintain a conversational flow. He is willing to share personal details but also recognizes the need to move on to other topics, allowing for a broader and more comprehensive interview. It showcases his awareness of the interview format and his respect for the host's role in guiding the discussion.

b) Taking Over

(00:21:00)

JS 4: "How does that **feel like** when you're like hey wait a minute come and meet my friends there might be some nice guys for you to meet"

(01:32:36)

JS 10: "**That's a great gift guys** you guys amazing"

Jay Shetty signals a clear intention to pivot the conversation, ushering in a new segment dedicated to a more profound exploration of Selena Gomez and Benny Blanco romantic relationship. He articulates his aspiration to delve beyond the superficial layer of information that often characterizes typical interviews. This isn't merely about asking routine questions; rather, Jay Shetty aim is to truly access the "hearts and minds" of Selena Gomez and Benny Blanco, seeking to uncover the deeper emotional truths and nuances of their connection. This instance represents a strategic shift in the interview's focus, guided by Jay Shetty desire to extract more personal and meaningful insights from his guests. He is taking the reins to steer the discussion toward a more intimate and revealing territory, indicating his role as the interviewer to guide the narrative's depth.

(00:07:06)

SG 1: "**Remember the video part** but it was interesting because um yes I..."

Selena Gomez **Taking Over** the conversation is not about dominating it, but rather about actively participating in it, shaping the narrative, and ensuring that her voice and perspective are heard. Her interjections, clarifications, and direct responses contribute to a more dynamic, engaging, and authentic conversation, revealing her confidence, her engagement, and her role as an equal partner in the exchange. Selena interjects while Benny Blanco is sharing his initial impressions of her. This isn't merely a simple agreement or affirmation; it's an active assertion of her perspective. By adding her voice to the narrative, she ensures that her side of the story is also heard, creating a more balanced and nuanced understanding of their initial interactions. It reveals her confidence in expressing herself and shaping the narrative, ensuring that the audience receives a comprehensive view, not just Benny Blanco recollection.

(00:10:12)

SG 3: "...I'm like..."

Selena Gomez briefly overlaps with Benny Blanco, adding quick comments or expressions of agreement. These interjections, though brief, demonstrate her active listening and engagement in the conversation. She's not a passive participant; she's actively processing and responding to what Benny is saying. These moments of overlap signal a dynamic and collaborative exchange, where both individuals are actively involved in shaping the dialogue. Her interjections to confirm details or express her feelings reinforce her presence in the conversation and highlight her investment in the topics being discussed.

(00:31:57)

SG 7: "... **he literally said** that and then I just said I love you"

Selena Gomez direct quote, "... **he literally said that and then I just said I love you**", provides a concise and impactful addition to the narrative, highlighting a key moment in their relationship's development. Her interjections to confirm details or express her feelings reinforce her presence in the conversation and highlight her investment in the topics being discussed.

(01:28:16)

SG 8: "No **but he actually** this is really funny when..."

Selena Gomez taking over to insert factual points related to Benny, punctuated by her laughter. This demonstrates a playful and confident dynamic. She's not afraid to correct or add to Benny Blanco statements, and her laughter suggests a comfortable and humorous rapport between them. It showcases her knowledge of Benny Blanco and her willingness to engage with him in a light-hearted way, adding a touch of humor and personality to the conversation.

(01:12:14)

SG 10: "**I'm so happy** that she's she was just..."

Selena initiates responses to Jay Shetty questions promptly and directly. This highlights her assertiveness and her willingness to engage directly with the host. It

indicates a level of comfort and confidence in expressing her thoughts and feelings, contributing to a dynamic and engaging interview. By responding promptly, she keeps the conversation flowing and maintains a lively pace.

(00:02:37)

BB 1: **"Well it's just** like when you're an adult..."

Benny takes over the discussion about the intricacies of male friendship, a topic previously introduced by Jay Shetty. This transition is marked by an acknowledgement of the complexity of the subject matter. This indicates a deliberate shift in perspective, with Benny Blanco offering his personal viewpoint on a topic already under discussion. By acknowledging the subject's complexity, he signals his intent to provide a thoughtful and nuanced contribution, moving beyond a simple agreement or restatement of Jay Shetty points.

(00:10:12)

BB 3: **"so from my perspective here's..."**

Benny Blanco and Selena Gomez briefly take over the conversation, excitedly recalling a shared memory. This simultaneous "taking over" indicates a moment of shared enthusiasm and connection. Their overlapping dialogue doesn't impede understanding; instead, it enhances the sense of spontaneity and shared experience. It's a burst of energy that adds a lively and authentic dimension to the conversation.

(01:28:27)

BB 6: **"That's true** whenever she starts to..."

Selena Gomez describes a situation where she's trying to be serious, but Benny Blanco laughter and explanation of the "truth" make it difficult for her to maintain that demeanour. While Selena is narrating, Benny Blanco interjection effectively "takes over" the tone of the moment, shifting it from serious to humorous. His perspective re-frames the situation, highlighting the playful and teasing dynamic between them.

(00:33:07)

BB 8: **"I feel like** it's like a macho thing like guys guys are always trying..."

Benny takes over to explain his point of view about "macho" behavior and the idea of trying to be "cool." This indicates his willingness to share his personal philosophy and potentially challenge conventional notions. By taking over, he asserts his perspective and invites the audience to consider his point of view, adding depth and potentially sparking debate.

(01:30:33)

BB 9: **"I was going to say** you are..."

Benny Blanco was about to offer a compliment, observation, or perhaps even a teasing remark about Selena Gomez. This moment, though brief, shows his active engagement and willingness to contribute his perspective, even if it's cut short. It reveals his desire to participate in shaping the conversation's direction and add his voice to the ongoing exchange.

(01:15:24)

BB 10: "it it's funny we'll be at we'll be at like a gathering"

Benny Blanco elaborates on aspects of Selena Gomez personality that are not well known, specifically her shyness in social situations. This "taking over" is significant because it offers a unique perspective on Selena Gomez, potentially contrasting with her public persona. Benny Blanco is providing an insider's view, sharing observations that might surprise the audience and adding a layer of intimacy to the conversation.

c) Interruption

(01:01:53)

JS 8: "What's this **I want to know about this...** "

A brief deviation occurs from the main flow of the conversation. This interruption is triggered by Selena's mention of the restaurant chain 'Whataburger'. Jay Shetty, displaying a moment of spontaneous curiosity, seizes upon this reference and asks about it. While seemingly a digression, this interruption serves several purposes within the broader context of the interview. First, it injects a moment of levity and spontaneity into what might otherwise be a more structured and serious discussion. It adds a touch of informality, making the conversation feel more natural and less scripted. These brief diversions can help to build rapport between the host and the guests, creating a more relaxed and comfortable atmosphere. Second, it demonstrates Jay Shetty active listening and engagement with his guests. He picks up on a seemingly minor detail and uses it as an opportunity to connect with Selena Gomez and Benny Blanco on a more personal level. It shows that he is not just mechanically following a pre-planned script, but is genuinely interested in their lives and experiences. Third, while it might appear to be a random interjection, it could potentially lead to unexpected and interesting insights. Sometimes, the most revealing moments in an interview occur during these unplanned detours. By exploring this seemingly trivial detail, Jay Shetty might uncover a shared experience or a humorous anecdote that further enriches the conversation. The "Whataburger" Interruption, though a brief detour, is not without purpose. It serves as a moment of levity, demonstrates the host's engagement, and holds the potential for unexpected insights, ultimately contributing to a more dynamic and engaging podcast conversation.

(01:29:10)

SG 9: "**What do you mean guaranteed**"

The fact that Benny Blanco describes the answer as "guaranteed the easiest" indicates a light-hearted and perhaps even teasing tone. It implies a level of familiarity and shared understanding where Selena feels confident enough to interject, knowing that her question won't be perceived as disruptive or inappropriate. The interruption highlights Selena Gomez active engagement in the conversation. She's not passively listening; she's actively processing the information and formulating questions. Her willingness to interrupt suggests a desire to clarify, seek further information, or perhaps even challenge Benny Blanco in a playful way. The nature of the question, even without knowing its content, points towards a moment of potential humor or light-heartedness. The phrase "guaranteed the easiest answer" implies that it's likely

a question with an obvious or perhaps even a comical response. This injects a moment of levity into the conversation, making it more engaging and entertaining for the audience.

(01:06:39)

BB 4: “**wasn't she** on like your first ever episode?”

Interruption to ask about Jay Shetty wife being a guest star is a purposeful act aimed at clarifying information and acknowledging the host's personal connection to the podcast. It demonstrates his engagement, his attentiveness to detail, and his willingness to explore related topics, contributing to a more dynamic and engaging conversation. In this instance, Benny Blanco interruption serves a specific purpose: to confirm a detail about the podcast's history. It's not a random or disruptive interjection, but rather a focused inquiry aimed at clarifying a piece of information. This demonstrates Benny Blanco active listening and his engagement with the broader context of the podcast itself, not just the immediate conversation. By asking this question, Benny is also subtly acknowledging Jay Shetty personal life and his connection to the podcast. It is a way of showing interest in Jay Shetty beyond his role as the host and interviewer. This can contribute to a more personal and relatable atmosphere, fostering a sense of camaraderie between the participants. Furthermore, this interruption could potentially lead to a brief digression into the podcast's origins or the involvement of Jay's wife. It opens the possibility for a more informal and spontaneous exchange, adding a touch of personality to the conversation. Even if the answer is a simple confirmation, the act of asking the question itself reveals Benny Blanco attentiveness and his willingness to explore tangential topics.

B. Holding the Turn

Table 2 Holding the Turn

<i>Code</i>	<i>Categories</i>	<i>Result</i>
JS 1-10	HT	1
SG 1-10	HT	2
BB 1-10	HT	1
Total		4

Abbreviations Turn-Taking Strategies: Jay Shetty (JS 1-10), Selena Gomez (SG 1- 10), Benny Blanco (BB 1 - 10), Taking Turn (TT), Starting Up (SU), Taking Over (TO), Interruption (I).

(00:18:33)

JS 2: “the reason **I'm bringing it** up is because I feel”

indicating his intention to delve into a significant moment in their relationship and professional history. By **Holding the Turn**, Jay Shetty emphasizes the importance of this particular narrative, signaling to both his guests and the audience that this is a key aspect of their story that deserves detailed exploration. His persistence in focusing on this specific event likely stems from several factors. First, the first meeting and collaboration often reveal crucial dynamics and the genesis of a relationship, be it personal or professional. Understanding the context of their initial interaction can provide valuable insights into their connection and how it has evolved over time.

Second, shared experiences, especially in a creative environment like a recording studio, often forge strong bonds and shape the trajectory of a relationship. By exploring this shared experience, Jay aims to uncover the nuances of their interaction and the foundation upon which their relationship was built. Furthermore, by holding the turn, Jay, as the host, asserts his role in shaping the narrative and ensuring that the conversation covers points he deems relevant and insightful. It is a way of guiding the discussion to extract maximum value and engagement for the audience. He is not simply letting the conversation flow randomly; he's actively curating it to highlight specific moments and themes. Jay Shetty decision to "hold the turn" and focus on Selena and Benny's first meeting and recording experience is a deliberate act aimed at uncovering key details about their relationship's origins and dynamics. It reflects his role as a skilled interviewer, guiding the conversation to explore meaningful themes and provide a comprehensive understanding of his guests' connection.

SG 2: "... **that um** and then how it's kind of continued was I was always cautious..."

SG 5: "Well, **I think first of all** making plans and trying to stick to them is silly..."

SG 2, Selena Gomez provides a detailed and elaborate answer, focusing on her feelings and experiences. Specifically, she thoroughly explains her cautiousness in the early stages of her relationship with Benny Blanco. This "holding the turn" is significant because it allows her to fully articulate her perspective and provide valuable insights into her emotional state. By taking the time to elaborate, she ensures that her feelings are understood and that the audience gains a deeper appreciation for the complexities of her emotional journey. It's not just about answering a question; it's about sharing a personal narrative and shaping the audience's understanding of her experience. **SG 5** maintains her turn by connecting her answers to broader themes. She links her relationship with Benny Blanco to her personal growth and past experiences. This "holding the turn" is a sophisticated conversational move. It demonstrates her ability to contextualize her relationship within a larger framework of her life and development. By connecting her personal experiences to broader themes, she elevates the conversation beyond a simple recounting of events. She is offering a more profound and insightful perspective, inviting the audience to consider the deeper meanings and implications of her relationship within the context of her overall journey.

BB 2: "and I remember I came she doesn't remember it **but I remember I came...**"

Benny Blanco takes the initiative to describe their first encounter, maintaining control of the narrative to share his perspective on this significant event. This "holding the turn" indicates his desire to shape the audience's understanding of their initial interaction and set the stage for how their relationship began. By focusing on the first meeting, Benny Blanco is establishing a foundation for the rest of the conversation. He is providing context for their relationship, allowing the audience to understand the dynamics from the very beginning. His detailed account likely includes his impressions, feelings, and perhaps even humorous anecdotes, drawing the listeners into the story and making it more engaging. This act of **Holding the Turn** also highlights Benny Blanco role as a storyteller in this context. He is not just answering questions; he is crafting a narrative, carefully selecting details to create a specific impression. He is taking ownership of this part of their shared history and presenting it from his point of view.

C. Yielding the Turn

Table 3 Yielding the Turn

<i>Code</i>	<i>Categories</i>	<i>Result</i>
JS 1-10	YT	1
SG 1-10	YT	1
BB 1-10	YT	1
Total		3

Abbreviations Turn-Taking Strategies: Jay Shetty (JS 1-10), Selena Gomez (SG 1- 10), Benny Blanco (BB 1 - 10), Taking Turn (TT), Starting Up (SU), Taking Over (TO), Interruption (I).

(00:37:07)

JS 5: "... **people to be kind** and to receive kindness ..."

Jay Shetty deliberately relinquishes his control of the conversation, creating space for Benny Blanco to share his perspective. **JS 5 Yielding the Turn** is not simply a passive act; it is a strategic move that reflects Jay Shetty skill as an interviewer and his understanding of conversational dynamics. He prefaces this handoff by expressing the importance of "making it cool again to care for people and be cared for." This statement sets the stage for Benny Blanco contribution, framing it within a broader context of emotional openness and vulnerability. By explicitly stating the importance of caring, Jay is not only introducing a relevant theme but also validating Benny Blanco potential perspective. It is a way of signaling to both Benny Blanco and the audience that Benny's thoughts on this matter are valued and relevant to the overall discussion. This act of yielding the turn is a powerful way for Jay Shetty to empower his guest, giving him the floor to express himself freely and authentically. This moment also highlights Jay Shetty awareness of the need for balance in a conversation. He understands that an interview should not be a one-sided interrogation but rather a dynamic exchange where both parties contribute meaningfully. By yielding, he creates an opportunity for Benny to take ownership of the narrative and share his unique insights. This fosters a sense of collaboration and ensures that the conversation remains engaging and multifaceted. This act of yielding can lead to deeper and more revealing moments in the conversation. By giving Benny Blanco, the space to elaborate on this theme, Jay Shetty potentially opens the door for Benny to share personal experiences or reflections that might not have emerged otherwise. It's a way of trusting the flow of the conversation and allowing it to unfold organically. Jay Shetty decision to "yield the turn" to Benny Blanco around is a deliberate and meaningful act. It is a strategic move to empower his guest, validate his perspective, and create space for a more authentic and revealing exchange. This moment exemplifies Jay Shetty skill as an interviewer and his understanding of how to foster a dynamic and engaging conversation.

(00:33:45)

SG 6: "Because I I say now let's be honest I also am equally grateful and **I tell him that all the time...**"

This **Yielding** is not merely a passive act of listening; it's an active and intentional choice to empower Benny Blanco and give him the conversational floor. By acknowledging and affirming his statements, she validates his perspective and encourages him to delve deeper into his feelings and observations. This action reflects a dynamic of mutual respect and appreciation within their interaction. Selena Gomez positive response creates a supportive environment where Benny Blanco feels comfortable expressing himself openly. It indicates a balanced exchange where both individuals value each other's contributions and are willing to cede control of the conversation to allow for a richer and more nuanced dialogue. This act of yielding can lead to more revealing and intimate moments in the conversation. By creating space for Benny to elaborate on his description of her, Selena potentially opens the door for him to share personal feelings or insights that might not have emerged otherwise. It's a way of fostering vulnerability and authenticity within the conversation, allowing for a deeper connection between the speakers and a more engaging experience for the audience. Selena Gomez acknowledging and affirming Benny Blanco description of her, thereby "yielding the turn," is a deliberate and meaningful act. It showcases her respect for Benny Blanco perspective, creates a supportive conversational environment, and allows for a more authentic and revealing exchange.

(00:31:50)

BB 7: "hey let me get my stuff like ... was **like** please just let me"

This indicates a respectful and collaborative conversational style, where both participants value each other's input and ensure that everyone feels heard. This action highlights Benny Blanco attentiveness to Selena Gomez response and his willingness to integrate her perspective into his own narrative. It suggests a dynamic where the conversation flows organically, with each participant building upon the other's contributions. By pausing to acknowledge Selena Gomez, he demonstrates that he's not just waiting for his turn to speak, but is actively listening and responding to her input. This brief yielding can strengthen the connection between the speakers and create a more engaging experience for the audience. It shows that the conversation is a genuine exchange of ideas, rather than a series of disconnected monologues. By acknowledging Selena Gomez response, Benny creates a sense of shared understanding and reinforces the collaborative nature of their interaction. The fact that he resumes his explanation afterwards demonstrates a smooth transition, maintaining the flow of the conversation while incorporating Selena Gomez input.

CONCLUSION

Based on the findings of this study's analysis, found the answer based on research questions from the problems of the study. According to this research findings, Jay Shetty's podcast interview produced a total 30 data of Turn-Taking strategies. The three different categories are also included in this, which are; taking the turn, holding the turn, and yielding the turn. The data found was taking the turn 23 data, which includes: starting up 7 data, taking over 13 data, and interrupting 3 data; holding the turn has 4 data; and for the last type which is yielding the turn has 3 data. In addition, all the type of turn taking strategies are used by Jay Shetty, Selena Gomez and Benny Blanco. The dominant turn-taking strategy is taking the turn, which was used 23 times. Taking the turn consists of three actions: starting up, taking over, and interrupting. This means that everyone can be both

speaker and listener when taking the turn. So, in the context of an interview, it is important to have a good conversation in order to avoid communication problems and ensure a smooth process.

Ucapan Terimakasih

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